Kawartha Lakes

Intangible Cultural Mapping Activity

Junior Activity | Guide

Items needed:

- Large roll of paper
- Colouring supplies (Washable markers, crayons or pencil crayons)
- Painters tape
- Scissors
- Optional: Stickers

Activity Overview:

Participants will be creating a large version of their own personal cultural map, designed for the Kawartha Lakes. Participants will get the opportunity to share their favourite locations within the Kawartha lakes by drawing them within their map. This activity will need lots of open space for movement as each person will be outlined onto a large peice of paper, this stenicl will represent each participants cultural map.

Activity Setup:

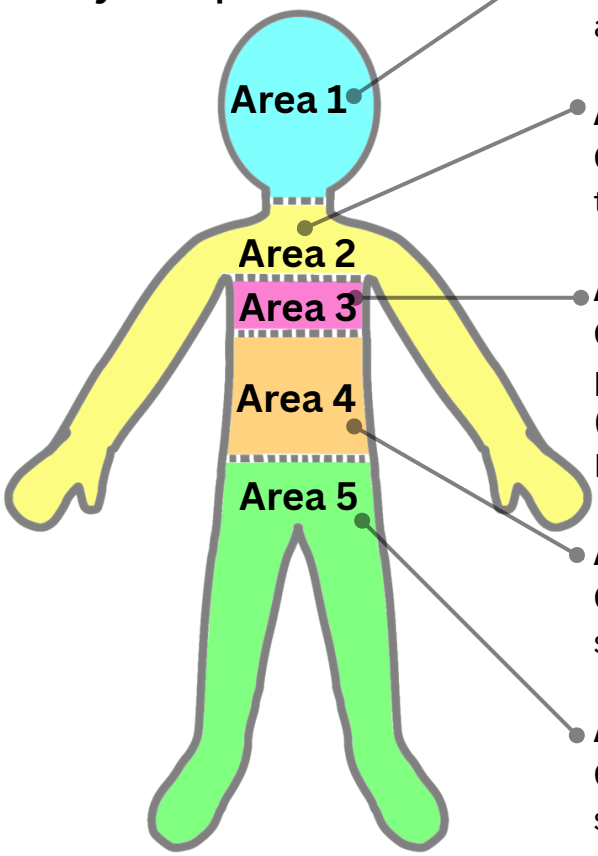
- Slice large sheets of paper into the same length as the height of each participant.
- Prior to starting this activity it is suggested to make sure there is enough open space for each person to lay comfortably on their piece of paper.
- Using painters tape, secure the sheets of paper to the open space on the floor.
- Make sure that colouring supplies is accessible for all participants.

Activity Instructions:

- **Step 1:** With assistance or a buddy have each participant create an outline of themselves on their large sheet of paper (the paper should be the same size as the participant).
- **Step 2:** Start off by asking participants to title their activity “My map of -(city name)”. If a participant is using multiple regions within Kawartha Lakes, have them list each city name in their title.
- **Step 3**: Next follow the example and ask the following questions (provided on a separate sheet) to help guide participants with creating and filling in their personal cultural map.
- **Step 4:** Once all participants are finished shaping their map, take turns sharing and connecting with each personal cultural mapping creation.

How it works: This body mapping activity is designed to spark conversation and help guide participants as they populate their personal maps. Each area on the body represents a specific cultural theme, guiding the participants to identify and record different types of cultural locations.

Activity Example:



Area 1 : The Head (Knowledge & Learning)
Goal: To identify spaces of outdoor education, Cultural, and environmental awareness.

Area 2: The Arms (Creativity & Expression)
Goal: To uncover spaces where the community gathers to experience art, culture, and creative expression.

Area 3: The Chest/Heart (Home & Comfort)
Goal: To map the personal, foundational spaces where participants feel safest and most comfortable. (examples: Homes, Cottages, Family Spaces, Nature and Personal Spaces)

Area 4: The Stomach (Local Food & Flavours)
Goal: To highlight local culinary assets, agricultural spaces, and food culture unique to the Kawartha Lakes.

Area 5: The Legs (Active Recreation & Play)
Goal: To pinpoint physical cultural assets, outdoor sports spaces, and active natural environments.

Eligible mapping classifications:

Why these classifications matter: Community cultural spaces map our physical gathering places, while Creative cultural industries map the local artists and businessess driving our identity. Mapping both captures a complete picture of our community's culture.

Community Cultural Spaces:

- Nature parks, beaches, trails and Conservation areas
- Public fields, sports clubs, teams and leagues
- Public rinks, skateparks and courts(basketball, pickelball, tennis)
- Fun-farms, patches and fishing spaces
- Amuesement and family fun centres
- Locally owned restaurants, mobile food services and bakeries
- Local heritage museums and archives
- Historical sites
- Libraries and archives

Creative Cultural Industries:

- Graphic design services
- Motion picture & video production
- Theater companies & dinner theaters
- Musical groups & artists
- Independent artists & visual arts

Intangible Cultural Mapping Activity

Junior Activity | Guide | Questions

The following questions are designed to spark conversation and help guide participants as they populate their personal maps. Hosts are encouraged to personalize these prompts or bring in different local landmarks, ensuring the core theme of each body zone remains the same focus.

Activity Questions:

- **Area 1**:

Camp Kawartha is a fun place to learn about nature! Where is your favourite place to learn outdoors?

---------- (Examples: conservation areas, campgrounds, heritage sites)

- **Area 2**:

The Globus theatre and the Kawartha art gallery are both great places to be creative. Where is your favourite place to go to be creative?

---------- (Examples: School, Art workshops, Libraries, Theatres, Festivals)

- **Area 3**:

"Home is where the heart is". Draw the place you love to be the most.

------ (Examples: Homes, Cottages, Family Spaces, Nature and Personal Spaces)

- **Area 4**:

If you are hungry or thirsty and you are looking for a special treat Momma Dukes has poutine, Kawartha Dairy has ice cream, and Fresh FueLL has salads and healthy smoothies. Where is your favourite spot to go for a treat?

------ (Examples: Bakery, Kawartha Dairy, locally owned restaurant, Chip trucks)

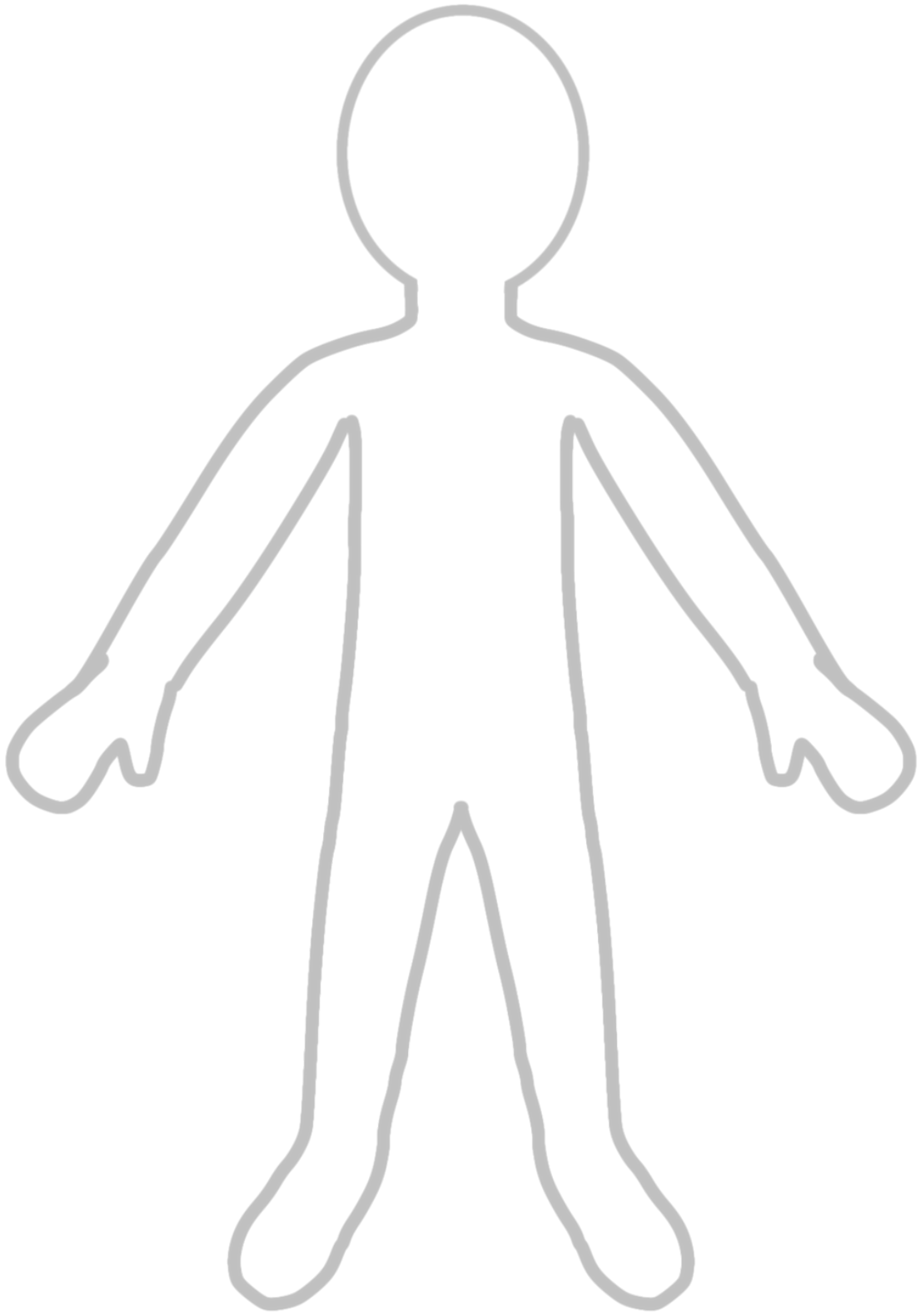
- **Area 5**:

Going for a swim at Garnet Graham beach park or playing soccer at Wilson Fields are two great places and fun ways to stay active. Where is somewhere you enjoy being active?

---------- (Examples: Soccer fields, Swimming area, Fishing spots)

Intangible Cultural Mapping Activity

Junior Activity | Activity Sheet



My map of:

Created by Hailey Firlotte